

## E-Poster Guidelines

Authors whose abstracts have been accepted for poster presentation are kindly requested to prepare and submit their e-posters according to the following specifications:

### E-Poster Format Guidelines

- File format: PDF (.pdf)
- Layout: Single-page electronic poster
- Orientation: Portrait
- Recommended aspect ratio: 9:16
- Maximum file size: 5 MB
- Language: English
- Ensure all text, figures, and tables are clear and legible when viewed on a screen.

### Recommended Poster Structure

#### **For Research Abstracts:**

- Title and Author Information
- Introduction / Background
- Objectives
- Methods
- Results
- Discussion
- Conclusion
- References (optional)

#### **For Case Reports:**

- Title and Author Information
- Introduction
- Case Presentation
- Investigations
- Management
- Outcome
- Discussion
- Key Learning Points

## Font and Design Recommendations

To ensure readability on digital displays, the following font sizes are recommended:

- Poster Title: 40–48 pt
- Author Names: 24–28 pt
- Section Headings: 24–32 pt
- Body Text: 18–24 pt
- Figure Legends and References: 16–18 pt

### Recommended fonts:

- Arial
- Calibri
- Helvetica
- Aptos

Please use a clear and professional layout, minimise excessive text, and maximise the use of figures, tables, flowcharts, and images. High-quality visuals are encouraged. Ensure adequate contrast between text and background, and maintain patient confidentiality at all times.

### File Naming Convention

Please save your file using the following format:

AbstractNumber\_FirstAuthorSurname.pdf

Example:

MST-045\_Tan.pdf

## **Submission Deadline**

Please submit your e-poster by **16.June.2026** via [mst.congress@gmail.com](mailto:mst.congress@gmail.com)

Late submissions may not be included in the conference e-poster gallery or judging process.

Authors are encouraged to design their posters such that the key message can be understood within 2–3 minutes of viewing.

Should you have any questions regarding poster preparation or submission, please contact the Organising Committee at [mst.congress@gmail.com](mailto:mst.congress@gmail.com)

We thank you for your participation and look forward to your contribution to 29th ASMMST 2026.